



MONTAUK LAKE CLUB
& Marina

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THE SEASON ONLY GETS BETTER DURING SEPTEMBER

Every year, the summer season comes and goes too quickly. "Back to School" is on most people's minds at this time of year, but your fun in Montauk doesn't have to be over yet! We are still open ☺

The guest rooms are available on a daily or weekly basis, and the restaurant & pool are open Thursday – Monday through Columbus Day weekend. After Columbus Day, the pool closes and the restaurant stays open through November on Fridays, Saturdays, and Sundays.

Fall officially begins on September 22nd !! Look out for our fall cocktail specials and seasonal menus that Chef Dave will be offering; the colder weather brings new and heartier flavors. If you've missed our Thursday Night Steakhouse Menu... you still have time! Steakhouse Night continues through October 4th.

Boaters—Fall Fishing is here.... Good luck!

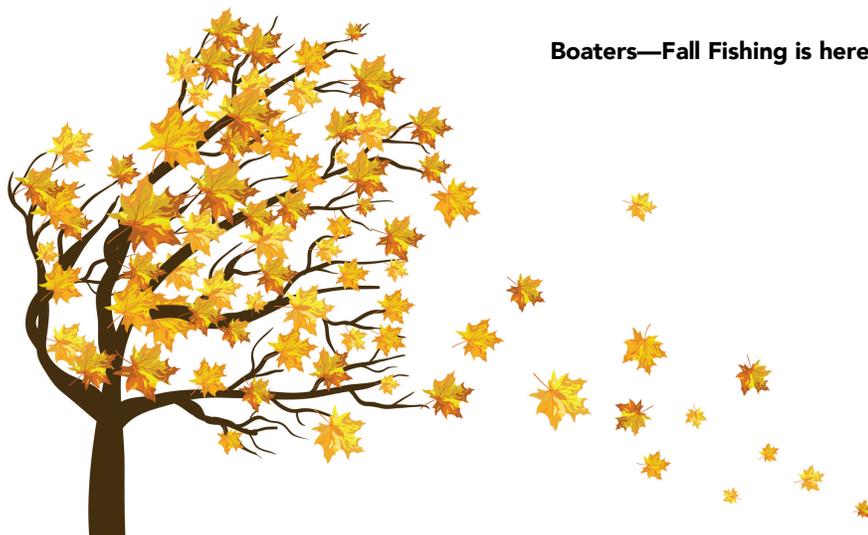
What's Up In MTK?

Mighty Man
MONTAUK

SUNDAY, SEPTEMBER 30TH

*Sprint
Olympic
Half Iron*

www.eventpowerli.com/mightyman-montauk.com



EVENTS THIS FALL

LABOR DAY BBQ

SUNDAY, SEPTEMBER 2ND | 12-3PM
 BUFFET OF FOOD, BOUNCE CASTLE + LIVE MUSIC
 ++ RESERVATIONS REQUIRED ++

HAPPY HOUR CONTINUES...

EVERY FRIDAY NIGHT | 5:30 - 7PM
 LIVE MUSIC WEEKLY THROUGH COLUMBUS DAY WEEKEND

COLUMBUS DAY BBQ

SUNDAY, OCTOBER 7TH | 12-3PM
 BUFFET OF FOOD + FALL FESTIVITES
 ++ RESERVATIONS REQUIRED ++

All Events Require Reservations in Advance 631 668 5705 / reservations@montauklakeclub.com

EVENTS AHEAD

SEPTEMBER

Sun 9/1 Labor Day BBQ

OCTOBER

Sun 10/7 Columbus Day BBQ
 Sat 10/27 Halloween Party

NOVEMBER

Thurs 11/22 Thanksgiving Dinner
 Sun 11/25 Members Brunch

RESTAURANT SPECIALS

These specials continue through the fall

MONDAY – PRIX FIXE DINNER

Enjoy 3 courses for the price of your entrée (last 10/8)

TUESDAY - \$15 LUNCH SPECIAL (last 9/4)

Select items available weekly

WEDNESDAY – LADIES NIGHT (last 9/5)

5:30 – 7:00pm ...Drinks specials + hors d'oeuvres

THURSDAY – STEAKHOUSE NIGHT

(last 10/4)

Special "Steakhouse Style" menu offered

FRIDAY – LIVE MUSIC + HAPPY HOUR

(Live music end on 10/5)

5:30pm – 7:00pm...½ select drinks + HH pricing on select chowder house menu items + LIVE MUSIC
 OVERLOOKING THE LAKE

(Please note: Hot Breakfast and Sunday Brunch ended on Labor Day Weekend)

SCHEDULES

RESTAURANT

Dates	Open Days	Serving Times
Wed 6/20 – 9/10	Open Days	Serving Times
Hot Breakfast	Saturday and Sunday	8am – 10am* ends 9/2
Brunch	Sunday	10am – 3pm* ends 8/26
Lunch (Chowder House Menu)	7 days a week	11am – 10pm
Dinner	Wed-Mon (No Tues)	5pm – 10pm
Thurs 9/11 – Mon 10/8	Open Days	Serving Times
Lunch (Chowder House Menu)	Thurs, Fri, Sat, Sun, Mon	11am – 10pm
Dinner	Thurs, Fri, Sat, Sun, Mon	5pm – 10pm

POOL

Dates	Open Days	Hours of Operation
Wed 6/20 – 9/10	Sun – Sat	10am – 6pm
Thurs 9/11 – Mon 10/8	Thurs, Fri, Sat, Sun, Mon	10am – 6pm

SPA

Open Fri 5/25 – Sun 10/7 -By Appointment-
 Text Maura 772-925-905
 Call Maura 631-668-5705 ext 109
 Email spa@montauklakeclub.com



BACK TO SCHOOL & CAN'T GET TO THE CLUB?

Send a friend! Book a 2-night stay for your friend during the fall, and you'll receive a \$25 gift certificate to the restaurant or spa. 631 668 5705

FROM THE KITCHEN



September is one of our favorite months in the kitchen because it's peak season for many summer vegetables before they disappear for the remainder of the year, and all of our favorite autumn vegetables begin to come to market. Tomatoes and corn will be at their best the first few weeks of the month, so you can expect to see plenty of these in play on the menu. It will also be a great time of year for us to use figs, pears, apples, brussels sprouts, mushrooms, kale, collards, cabbage, sweet potatoes and cauliflower. As the weather turns cooler look for heartier cooking on the menu; it will be full with rich braises, roasted root vegetables, mushrooms, chowders and bisques. In addition to the seasonal change, look for some unique options on the dinner menu including stuffed quail, venison and wild boar. We look forward to cooking for you

- Chef Dave

INSTAGRAM

PIC OF THE MONTH



ON THE DOCK

A FEW FRIENDLY NOTES FROM THE DOCKMASTER

STORM SEASON

As fall approaches, so do higher winds and more violent waves. Be as prepared as possible. I suggest adding extras lines to your boat and stowing loose items safely. It might also be a good time to touch base with your insurance carrier to know what you are covered for in the event of an incident. Many companies will pay for half or all of your haul out in case of a named storm. - Rich

FALL FISHING

Some of the best fishing is yet to come during the fall season – good luck to those who are participating.

2019 SEASON

Keep in mind that slip renewals will be mailed out in October. The marina is in high demand for next year, therefore if you plan to change your boat size, please let Rich know soon. We have a list of boaters waiting to be placed when something opens up for them. Any questions, feel free to email me judy@montauklakeclub.com.

CATCH OF THE MONTH

Youth
SAWYER SACKS
 12 lb Mahi Mahi
 Caught Off Everglades
 8/24/2018



THE SPA



September in Montauk is a month of balance and contrasts. The weekdays are quiet and the weekends busy. The days are warm the nights are cool. A mini season of transition from summer to autumn. Warming and cooling like September itself, at the Spa you'll find for a limited time services incorporating relaxing warmth and refreshing cooling. Example: For the Weekend Warrior- A Sports massage with sweet birch balm and ending with an application of a cooling gel for those tired and sore muscles. During a 90-minute facial while resting your neck and shoulders on a warm flaxseed pillow infused with lavender, have your tired feet treated with refreshing peppermint lotion. It's "Back to School" when acne is most active. Is your teen in need of a gentle, deep cleaning with warm steam to treat pores followed by cooling globe massage to calm inflammation? Just a few examples on how we can treat you this month.....

Treatments are customized to your concerns! We have therapeutic aromatic rubs and balms, essential oils, specialty masques and peels which can be incorporated into your facial or massage. We have Natural Facials for all skin types with ECOCERT products. Our retail line "Solutions" is a professional performance skincare line has the highest level of efficacy and no toxicity. These are truly outstanding products. Our therapists are exceptional, local, and experienced professionals. Come let us treat you this September!

To make an appointment or get information on services:
 text Maura @ 772.925.9058
 p 631.668.5705 ext 109 e spa@montauklakeclub.com



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P.O Box 760 - 211 East Lake Drive - Montauk, New York 11954
