



CLUB NEWSLETTER

OCTOBER-NOVEMBER 2023 • VOLUME XII • ISSUE 06

Dear Members:

We have officially entered our **FALL SEASON!** The Club is the perfect place to transition from the hot, busy summer... into the colder, low-stress winter. We're happy to see so many members taking advantage of our amenities during the fall. The cooler mornings have motivated many of you to hit the gym, and then we see you again with your kids at the pool after school gets out. We love it! Don't forget, if you have guests coming to Montauk this fall, our rooms are available daily through the end of November!

Changing from season to season also changes our schedules. The restaurant and pool are open Thursday-Monday through Monday, Oct 9th. After Oct 9th, the pool is closed for the season and the restaurant is open for dining on Friday, Saturday, and Sunday from 11AM-9PM. Be sure to check out Page 3 for the Columbus Day BBQ details, and mentions of our Halloween Party, Thanksgiving Menu, and Members Brunch!

2024 SEASON

Deposit requests for 2024 memberships and seasonal boat slips will be sent out the 1st week of November 2023. We appreciate the many of you who already communicated changes to us for next year. Our seasonal boat slips are at full capacity, as they have been for several years now. In order to be sure your space is secured, once you receive the deposit request from us, please review it and pay by the due date listed on the statement. We have several existing members waiting for seasonal slips for their boats, therefore when payments are not made on time, we will not be able to make any exceptions this year.

We hope you spend your weekends with us this fall -- a peaceful lunch, casual dinner, formal dinner, or just cocktails... Come by!

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MARINA

On behalf of the dock staff, we'd like to thank you for another great season. Please remember to remove all your dock lines, water hoses, bait traps, cooler, etc. from the dock before departing for the winter. Most important, if you're leaving your dock box behind, please make sure the lid is locked and the box is screwed down to the dock. It is not uncommon to note one or two missing dock boxes or lids that blew off over the winter.

2024 is right around the corner! With dock space at a premium, if you purchase a new boat for next season, are selling your boat, or would like a different slip assignment, please let me know as soon as possible so that we can do our best to accommodate you and other members.

John Murray, Dockmaster
dockmaster@montauklakeclub.com

CASTOBERFEST MONTAUK FALL RUN

Sunday, Oct 8th
2-7PM at the Lake Club
Cast the best fly rods in the market!!



SAGE DEMO DAY
Hosted by Montauk Point Fly Fishing

MONTAUK FISHING BY SEASON - FALL

The fall marks the return of striped bass inshore, as schools migrating down the coast from Maine, Massachusetts, and northern waters will round Montauk Point en route back to their winter spawning grounds. October and November can be outstanding months to find big schools of stripers pushing baitfish like sand eels and peanut bunker right into the beaches at Montauk Point.

The fall is also a great time to catch other game fish, including false albacore, also feeding on sand eels along beaches in September and October.

When the water is especially clear, target areas with steep drop-offs, and you might also catch bonito.

Deep-sea fishing runs to the canyons for tuna will continue beyond summer into October. As conditions warm, these fish hang around later, with tuna caught off-shore into December in recent years.

Source: *Best Fishing in America 2023* by Rick Bach

MONTAUK FALL EVENTS

- Oct 1 **MightyMan Montauk Triathlon Festival**
7AM-10AM
6:50AM Race starts. 10AM Awards ceremony and raffle.
More information at: www.eventpowerli.com
- Oct 7-8 **42nd Annual Fall Fest**
Clam Chowder Contest on Saturday ONLY!!
Mug sales start at 10AM.
Food Trucks • Beer & Wine • Live Music • Fresh Oysters & Clams • Bounce Houses • Children's Activities
• Farmers Market • and Much More!!
Location: The Circle
Time: 11AM-5PM
- Nov 23 **47th Annual Turkey Trot Run for Fun**
[Hosted by the Town of EH and Montauk Chamber]
Time: 8AM-5PM
- Dec 9 **2nd Annual Magic of Montauk Holiday Fair**
A day of family fun with Santa, Mrs. Clause, and some magical reindeer! There will also be a hot chocolate tasting contest, arts & crafts, and holiday goodies!
Location: Montauk Chamber of Commerce
Time: 12PM-6PM

SPA

"O hushed October morning mild,
Thy leaves have ripened to the fall;
Tomorrow's wind, if it be wild,
Should waste them all.

O hushed October morning mild,
Begin the hours of this day slow."
Robert Frost

With the month of October, we say goodbye to the 2023 Season. Thank you, MLC members and guests, for a great 2023! We sincerely appreciate your support! Columbus Day Weekend brings this season for the Spa to a close, but before we go...

Our massage staff is ready to warm your tired muscles or work deep to correct imbalances allowing your body to relax into its natural alignment. Add a special topical to your treatment; upon request, enjoy a **Leef CBD** full body or targeted balm application. "Fall into Relaxation" is an autumn-inspired aromatherapy with blended essential oils added to your massage. Our facials this month are deep cleansing, renewing, and brightening using varied techniques from **Gua Shay** to microdermabrasion as well as nano infusions, ultrasound, and compression. **Special for Fall** our signature 60m is a **Honey Pumpkin Spice**.

Our updated menu is now available at www.montauklakeclub.com/spa.

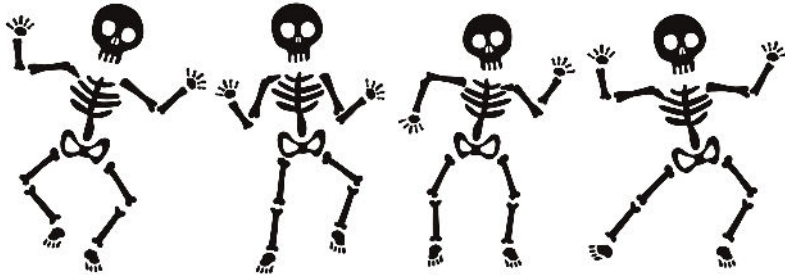
Time is limited!!! Call today! We will be open through Sunday, October 8th, of Columbus Day Weekend Thursdays thru Sunday (Home visits are available throughout the year).

TEXT 772.925.9058 • EMAIL spa@montauklakeclub.com
LEAVE A MESSAGE 631.668.5705 ext 109

RESTAURANT

Fall Food, Fall Events, and More . . .

As you know, food is always on the front burner at MLC – and you can bet we’re busy prepping for October and November. The calendar of events begins with a **COLUMBUS DAY BBQ** on Sunday, October 8th, from 12-3pm. Come on over for a buffet selection of chowders, grilled menu items, salads, sides and sweets -- enjoy music from live band *Hopefully Forgiven* and if you have kids, bring ‘em to explore the very special animal petting zoo, big slide and jumper, slurpy snow cones and more... Discover an invite coming to your inbox soon! Then, just when you think you’ve gotten to know your fellow members, some unrecognizable guests are bound to turn up on Saturday October 28th - From 5:30-9pm it’ll be the ghoulish **HALLOWEEN PARTY**. It’s a costume party for adults and kids with the menu still in the cauldron.



In November, we will celebrate with **THANKSGIVING DINNER** on the 23rd from 2-8pm. The menu is still in the planning stages -- info to come. Finally, we offer a last chance to celebrate at MLC while bidding adieu to the season with our **MEMBERS BRUNCH** slated for November 26th from 11am-2pm. Details to come there too!



As the leaves begin to turn, it’s a la carte dining with lunch served from 11am-3pm and fireside or heated patio dining from 5:30-9pm. Our restaurant and bar remain open to members and their guests. Call for fall hours /dinner reservations: 631-668-5705 ext 112.

-Dave & Julie

RESTAURANT RESERVATIONS

General a la carte dinner reservations are available on a same week only cycle from Monday – Sunday. Call 631-668-5705 Ext 112

Larger Parties (12+), email requests to restaurant@montauklakeclub.com

SCHEDULES

RESTAURANT SCHEDULE

Dates	Open Days	Hours
9/05 – 10/09	Thurs – Mon	11AM – 9PM
10/10 – 11/25	Fri, Sat, Sun	11AM – 9PM

CLUB EVENTS

OCTOBER

Sun 10-08	Columbus Day BBQ
Sat 10-28	Halloween Party

NOVEMBER

Thurs 11-23	Thanksgiving Dinner
Sun 11-26	Members Brunch

POOL SCHEDULE

HOURS 10AM-6PM

*Adult Swim 10-11am daily

Dates	Open Days
9/05 – 10/09	Thurs, Fri, Sat, Sun, Mon
10/10	Pool closed for the season ☹

I love
FALL
most of all

a little
Magic

Fall is
in the air

COLUMBUS DAY BBQ

SUNDAY, OCTOBER 8th • 12PM-3PM

Kitchen Closed 3-5:30PM • Regular Dinner Service 5:30-9PM

LIVE MUSIC FEATURING HOPEFULLY FORGIVEN

Hopefully Forgiven is a hard drivin', mellow vibin', harmony-soaked roller coaster cocktail of 100 years of American spirits. Singer/songwriters Telly Karoussos, and 'Alabama Brad' Penuel (by way of Nashville) deliver big harmonies, raw guitars and authentic songwriting that transcends genre and has attracted a devoted multigenerational fan base.

HOW TO REQUEST A TABLE

A link will be shared with members via email on **Mon, October 2nd**



FALL 2023 NEWSLETTER



MONTAUK LAKE CLUB
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Montauk, New York 11954

