LAKE CLUB NEWS

ISSUE 03 | JULY 2021 | VOLUME X

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Dear Members:

Now that we've entered the "summer season", we're looking forward to seeing you more often! Just a few random notes as we begin the busiest part of the season…

This summer feels like we're almost back to normal and the word "Covid" is being mentioned less and less. At the Lake Club, fully vaccinated individuals have the option to wear a mask, however it is not mandatory in any area of the property. If you are not vaccinated, we ask that you still wear a mask in inside public spaces, and outside where distancing is not possible. When you are seated for dining, a mask does not need to be worn.

Our guest rooms are fully booked for most nights through Labor Day, therefore when you are staying in a guest room, please respect the check-out time of 11am. This check out time allows our housekeepers the appropriate time that is needed to safely clean and prepare the room for the next member to enter at 2pm. If you require a cot to be placed in the room, please communicate that to us well before the date of check in. We only have a select number of cots therefore; late requests may be denied because our inventory was already accounted for. If you think you already requested a cot for your future stay, it wouldn't hurt to double check that you indeed have one on reserve. You can email Alex, Katerina, and Tess at reservations@montauklakeclub.com.

We've added yoga to our fitness schedule! We are hosting Anna from One Yoga House on the following Thursdays: July 1, July 15, July 22, and July 29. The classes will be at 9am on the 2nd floor of the dock house. See page 2 for information on how to reserve a space. Also … remember, on Saturdays, Ashley Patten offers a Pilates class at 9am on the lawn. Please visit Ashley's website to reserve a space via the "Live Classes" link!

Lastly... LOBSTER BAKE #1 IS ON SATURDAY, JULY 17TH!!!! RESERVE A TABLE NOW!!! ☺

POOL

*Adult Swim 10-11am daily

Dates	Open Days	Hours
6/22 – 9/6	Daily	10am – 6pm
9/7 – 10/11	Thurs – Mon	10am – 6pm
10/12	Pool Closed For The Season	

Upon arrival to the pool, please check in with the lifeguard to verify membership and request towels. You are welcome to order food + drink from our servers; they will be regularly circling the pool to assist you. We do not allow dogs in the pool area. We also do not allow outside food or beverages. Thank you for your cooperation.

GUEST POLICY IN POOL AREA
Please refer to the Club Polices for details of our Swimming Pool Guest Policy. There is a $20 fee per guest in the pool area daily. This charge will be applied to the member account.

SPA

July is hot afternoons and sultry nights and mornings when it's joy just to be alive. July is a picnic and a red canoe and a sunburned neck and a softball game and ice tinkling in a tall glass. July is a blind date with summer.
– Hal Borland
And July is here; the Season is in full swing. At the Spa, we would like you to know it will as it has been these last two months very busy. Therapists are in great demand and will be engaged quickly – so make your appointments early! We have a fantastic staff of licensed, experienced, and caring professionals. This month we are happy to introduce our Citrus Spice treatments. -, Re-energize and warm overworked muscles, cool the skin, refresh and clear your senses by adding an organic massage cream with Cardamom, Aloe, Ashwagandha, Bergamot, and citrus oils to your treatment. Check out our July 2021 menu on the Club's website.
As Always – at Spa@ MLC – We look forward to treating You!
ALL MY BEST – MAURA
EMAIL spa@montauklakeclub.com | **LEAVE A MESSAGE AT** (631)668-5705 ext. 109 | **TEXT MAURA TO** (772)925-9058

MARINA

Happy July 4th and the beginning of summer!

Just a few reminders.

LIFE JACKETS -must be worn by all those using the kayaks, SUP's and pedal boats. Underage children should wear them whenever they are on the docks.

NO WAKE ZONE -we've already received complaints about the wakes that are entering the marina. The NO WAKE Zone begins and ends at the end of the first floating dock and continues around the face dock and ends or begins past the "CHANSON". Remember you are responsible for any damage or injury caused by your wake.

Pump Out Boat -Montauk Harbor is a Federal No-Discharge Zone. The pump out boat can be raised on VHF CH 73. The best bet is to call early in the morning. There is no charge for this service.

Trash -a RACOON FAMILY IS BACK!! Please do not leave trash on the dock in the evenings. If the cans are full please keep them aboard until the morning. We began and end our day with a trash pick-up run. Please tie closed your plastic garbage bags.

Cardboard -please fold and place all cardboard boxes under the garbage cans.

Swimming -please don't let your kids swim off your boats. An entering or exiting boat may not see those in the water.

Music -please be respectful of your fellow members. Any loud music should be limited to your cabin.

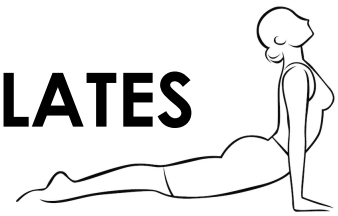
Fish Cutting Tables -Please deposit all your fish parts in the garbage cans and not overboard. Please wash out the carts, the fillet table and the ground when you've finished filleting your catch.

Last but not least; **Dock Carts**-please return them to the rack when you've finished unloading.

Thank You!

-Rich
Dockmaster

YOGA + PILATES



YOGA ON THURSDAYS

We are pleased to host **One Yoga House** at 9AM on Thursday July 1st, July 15th, July 22nd, and July 29th. The class is located on the 2nd floor of the dock house. To Sign up, please visit www.oneyogahouse.com/contactus.

PILATES ON SATURDAYS

Join one of our fellow members, **Ashley Patten** all summer long on Saturdays at 9am for Pilates on the lawn. This is an open level class and is suitable for all levels. Please bring your own mat. If you do have any questions, please feel free to reach out to Ashley at www.ashleypattenpilates.com/contact. To Sign up, we will be sending out an email with a link to secure your space or you can sign up now via "live classes" on www.ashleypattenpilates.com.

FISHING LEADERS

YOUTH DIVISION

Fish	weight	Angler	boat
Fluke	7.4 lbs	Dante Speranza	Hope
Sea bass	3.3 lbs	Lilly	Q
Porgy	1.3 lbs	Jack	Echo

ADULT DIVISION

Fish	weight	Angler	boat
Fluke	7.4 lbs	Mark Mullen	Hullabaloo
Albacore	53.7 lbs	Mike Peck	C'Mon C'Mon
Big Eye Tuna	68.7 lbs	Mike Peck	C'Mon C'Mon
Blue Fin Tuna	150 lbs Dressed	Martin Segal	Tobasco
Yellow Fin Tuna	42.7 lbs	Capt Mike Kahoud	Capt Deadly

STRIPED BASS LEADERS

angler	length
Joe Dryer	46"
Hudson	43"

End of Day 6/28 Stats

MUSIC LINE UP

Until Labor Day, we have live music every Friday and Saturday night! For the 4th of July BBQ, we're hosting a LIVE DJ and for July 17th's Lobster Bake, Sturdy Souls will be playing for us LIVE!

Fri 07-02	Joe Delia	5:30-8:30pm
Sat 07-03	Ladi	6-9pm

Sun 07-04 DJ ENTERTAINMENT
4th OF JULY BBQ 12-3PM

Fri 07-09	Josh Brussel	5:30-8:30pm
Sat 07-10	Ladi	6-9pm
Fri 07-16	Ray Red	5:30-8:30pm

Sat 07-17 STURDY SOULS
LOBSTER BAKE 6-10PM

Fri 07-23	TBD	5:30-8:30pm
Sat 07-24	Ladi	6-9pm
Fri 07-30	Amy + Paul	5:30-8:30pm
Sat 07-31	Joe Delia	6-9pm

SCHEDULE

RESTAURANT OPEN HOURS

Dates	Open Days	Hours
6/15 – 9/06	Wed - Mon	11am – 10pm
	Tuesdays(no dinner)	11am – 3pm
9/07 – 10/11	Thurs - Mon	11am – 9pm
10/12 – 11/27	Fri, Sat, Sun	11am – 9pm

Sunday Brunch
Sundays | 10am – 3pm | Offered Until 8/22

Hot Breakfast
Sat & Sun | 8AM – 10AM | Offered Until 9/5

CLUB PARTIES

JULY

Sun 07-04	BBQ + Beach Party
Sat 07-17	Lobster Bake #1

AUGUST

Sat 08-07	3rd Annual Pig Roast
Sat 08-21	Lobster Bake #2
Sun 08-29	Brunch Party

SEPTEMBER

Sun 09-05	Labor Day BBQ

OCTOBER

Sun 10-10	Columbus Day BBQ
Sat 10-30	Halloween Party

NOVEMBER

Thurs 11-25	Thanksgiving Dinner
Sun 11-28	Members Brunch

THE MENU

Summer is finally here and the Kitchen is ready to serve you and your guests. We are now open for breakfast on the weekends and are serving brunch until 3pm on Sundays. The raw bar is open and we are offering a great deal on Saturday for sunset happy hour with half priced oysters and clams. The MLC Steakhouse is also back on Thursday nights, offering some really great prime cuts and steakhouse inspired entrées including wagyu striploin, all-natural filet mignon, Berkshire pork porterhouse, an 8oz jalapeno and blue cheese burger. On our seasonal dinner menu we will see a complete change over to summer inspired cooking as peaches, nectarines, eggplant, zucchini, summer squash, peppers, corn and heirloom tomatoes become locally available. We look forward to cooking for you this summer.

– Chef Dave

F&B NOTE...

July is here! And we have finally reached the heat of the summer. We have so much fun stuff planned for you all. Kicking off the summer with our beach bbq on July 4th from 12-3pm. We will be serving dinner Sunday evening starting at 5pm. Our first lobster bake is July 17th from 6-9pm Please remember to make your reservations early! We look forward to having you all with us this weekend.

We want to thank you for the opportunity to serve you and after a really tough year for everyone, we are so excited to have you at the club with us this year to celebrate. If you have any questions please feel free to reach out to me at foh@montauklakeclub.com. Can't wait to see you all!

All my best,
Nesha Abarno
Food and Beverage Director

JULY PARTIES

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BEACH PARTY + BBQ

SUNDAY, JULY 4TH | 12-3PM

LIVE DJ | NO REGULAR LUNCH MENU | KITCHEN CLOSED 3-5PM

LOBSTER BAKE #1

SATURDAY, JULY 17TH | 6-10PM

LIVE MUSIC FROM THE STURDY SOULS

TO MAKE DINING RESERVATIONS

RESTAURANT@MONTAUKLAKECLUB.COM | 631.668.5705

MONTAUK LAKE CLUB
& Marina

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