



CLUB NEWSLETTER

JULY 2023 • VOLUME XII • ISSUE 03

Dear Members:

July is finally here!! Summer is in full swing – YAY!

At the Club

The restaurant and pool are open 7 days a week, the guest rooms are available daily, the fitness center is open 24/7, spa appointments are readily available, fitness classes are offered weekly on Thursday and Friday mornings, and we welcome members for any occasion. We welcome all members who weren't with us during the Spring!

Room Bookings + Cancellation Reminders

This is a gently reminder that if you have room bookings for this summer, those reservations cannot be cancelled or adjusted within 14 days of the arrival date. Please review what you have booked to be sure your commitment with us is what it should be. If you can't find your confirmation email, simply call us at 631.668.5705 ext. 101 or email us at frontdesk@montauklakeclub.com

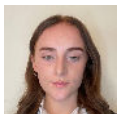
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The Club is "A Wee Bit Irish" in 2023

This season, we welcome 9 students from Ireland to work at the Lake Club. We thought it might be fun to share some info about them to perhaps strike up a conversation and have a few laughs along the way! You'll see 4 of their "bios" below, and the rest you will find on Page 2!!



Rachel Alken

What is your position at the Lake Club?

Hostess

Have you been to the US before? If yes, where?

Yes! I went on a road trip down the west coast last summer after my study abroad.

What are you studying in college?

I'm studying Commerce in UCD

What type of music do you listen to?

I love the Pitch Perfect Sound Track!

Would you rather have lobster claws for hands or squid tentacles for legs?

I think squid tentacles so I can stick to the side of boats and travel around the world!



Kieran O'Shea

What is your position at the Lake Club?

Food Runner

Have you been to the US before? If yes, where?

Yes. I have been to New York City, Chicago, and Las Vegas.

What are you studying in college?

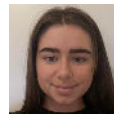
I'm studying Law and Accounting.

What type of music do you listen to?

I listen to country and pop music.

Would you rather have lobster claws for hands or squid tentacles for legs?

I would prefer lobster claws for hands.



Kate Crowley

What is your position at the Lake Club?

Front Desk

Have you been to the US before? If yes, where?

Yes! I have been to California, Nevada, and New York.

What are you studying in college?

I'm studying Commerce in UCD

What type of music do you listen to?

Mixed, but my favorite artist is Taylor Swift

Would you rather have lobster claws for hands or squid tentacles for legs?

I would rather have lobster claws so I will never have to use a knife again!



Brian O'Donnell

What is your position at the Lake Club?

Busser

Have you been to the US before? If yes, where?

No, this is my first time in the U.S.

What are you studying in college?

Financial Mathematics and Actuarial Science.

What type of music do you listen to?

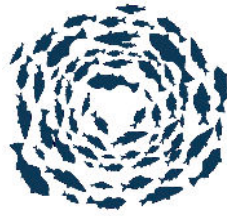
Bit of everything, but my favorite band is The Strokes.

Would you rather have lobster claws for hands or squid tentacles for legs?

Lobster claws for hands.

MARINA

FISHING TOURNAMENT LEADERS (As of June 25)



Youth Division

	SPECIES	WEIGHT	DATE	ANGLER	BOAT
Inshore	Striped Bass	9.0 lbs.	5-27	Dylan	Jessie Rose
	Fluke	5.5 lbs.	6-18	Dante Speranza	Hope
	Bluefish	10.5 lbs.	5-28	Dante Speranza	Hope
	Porgy	2.0 lbs.	6-19	Rohan Keogh Reilly Johnson	Life of Reilly 2.0

Adult Division

	SPECIES	WEIGHT	DATE	ANGLER	BOAT
Inshore	Bluefish	12.0 lbs.	5-27	Shayne Kunzelman-Clarke	Team Deplorable
	Striped Bass	23.0 lbs.	5-27	Gail Kunzelman	Team Deplorable
Offshore	Porgy	1.5 lbs.	6-10	Robert	Jo-Li
	Mahi-Mahi	64.6 lbs.	6-10	Matt Hansen	Canyon Bound

THE SPA



"Summer is the time when one sheds one's tensions with one's clothes, and the right kind of day is jeweled balm for the battered spirit...."

- Ada Louise Huxtable

Summer is the time and **Spa@MLC** is the place where one sheds one's tensions.... And today can be the right kind of day for uplifting your spirit!

We have facials incorporating "jewels" – Malachite, Jade and Gold incorporating touch, light and sound technology to ancient techniques like Gua shay. Experience deep relaxation, pain relief, and anxiety release with our LEEF balm massages or try dynamic cupping, cranial sacral, or MLD. Our amazing staff of licensed, experienced, and caring professionals are bringing innovative techniques to their services. Therapists are in great demand and will be engaged quickly – so make your appointments early! Look for the summer menu at montauklakeclub.com/amenities/spa.

To inquire about our services, appointment times, or to purchase a spa gift certificate:

Email | spa@montauklakeclub.com

Leave a Message | 631.6685705 ext. 109

Text Maura | 772.925.9058

"A WEE BIT IRISH"

Continued from the front page . . .

Emma Thorne



What is your position at the Lake Club?

Front Desk

Have you been to the US before? If yes, where?

Yes. I have been to Florida and places along the East Coast.

What are you studying in college?

I'm studying Commerce in University College Dublin.

What type of music do you listen to?

I listen to a bit of everything, but my favorite artist is Taylor Swift.

Would you rather have lobster claws for hands or squid tentacles for legs?

I would prefer lobster claws for hands.

Kate Maloney



What is your position at the Lake Club?

Front Desk

Have you been to the US before? If yes, where?

Yes. Florida, New Jersey, New York, California, and Nevada.

What are you studying in college?

I'm studying Commerce in University College Dublin.

What type of music do you listen to?

I listen to a bit of everything, but my favorite artist is Miley Cyrus.

Would you rather have lobster claws for hands or squid tentacles for legs?

I would prefer squid tentacles for legs like Squidward on SpongeBob SquarePants.

Andy Rowsome



What is your position at the Lake Club?

Busser

Have you been to the US before? If yes, where?

Yes. I have been to California, Nevada, and Florida.

What are you studying in college?

I'm studying Accounting.

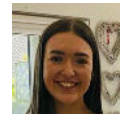
What type of music do you listen to?

I listen to all types of music but mainly Pop Rap, and Country.

Would you rather have lobster claws for hands or squid tentacles for legs?

Squid tentacles for legs!

Sinead Tyrrell



What is your position at the Lake Club?

Hostess

Have you been to the US before? If yes, where?

Yes, New York and Florida.

What are you studying in college?

I'm studying Commerce in University College Dublin.

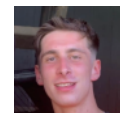
What type of music do you listen to?

I listen to a bit of everything but my favorite artist is Pitbull.

Would you rather have lobster claws for hands or squid tentacles for legs?

Lobster claws for hands.

Eoghan McCarthy



What is your position at the Lake Club?

Barback

Have you been to the US before? If yes, where?

Yes, Texas, California, Florida, Nevada, and Illinois

What are you studying in college?

I'm studying Computer Engineering

What type of music do you listen to?

I listen to all music but my favorite artist is Zach Bryan.

Would you rather have lobster claws for hands or squid tentacles for legs?

Lobster claws for hands

RESTAURANT

Food, Music, Reservations, and More . . .



JULY IS HERE

Music is in the Air at MLC!

Experience a great local lineup during Happy Hour every Friday evening from 5:30-7pm. Enjoy discounted prices at the bar and try our new Happy Hour menu while you sip and sway to sunset. July artists include Ray Red, Joe Delia, Vanessa Trouble and Dudley Music.

Members can also enjoy some rockin' music at two member events this month:

Sunday, July 2nd is the annual "Fourth of July BBQ." From 12:00-3:00pm, celebrate our independence with grilled burgers, hot dogs, steak and fish along with a variety of cool summer salads and plenty of corn on the cob and watermelon. The bar will be open and Klyph Black will be playin'.

If lobster is calling you, don't miss the **Sunday, July 16th Lobster Bake**. The time will be 5:30-9pm offering members a plethora of food along with yummy cocktails at our bar. Enjoy an authentic New Orleans sound by REEB and a sunset too. Look for your invitation to easily RSVP -- come one come all!

Firepits + Cabanas

The firepits are first come first serve and all are welcome -- no reservations there. Perhaps inquire about reserving a cabana at the pool for an afternoon or maybe stop by to enjoy a lite bite from the Chat Lounge menu between 3-5pm.

Hot Breakfast + Sunday Brunch

Hot breakfast is available on the weekends from 8-10am. Brunch is still available every Sunday from 11 am -3pm.

Can't wait to see you!

-Dave & Julie



RESTAURANT RESERVATIONS

General a la carte dinner reservations are available on a same week only cycle from Monday – Sunday. Call 631-668-5705 Ext 112

Larger Parties (12+), email requests to restaurant@montauklakeclub.com

SCHEDULES

RESTAURANT SCHEDULE

Dates	Open Days	Hours
6/15 – 9/05	Wed - Mon Tues (no dinner)	11AM – 10PM 11AM – 3PM
9/06 – 10/10	Thurs – Mon	11AM – 9PM
10/11 – 11/26	Fri, Sat, Sun	11AM – 9PM

Sunday Brunch

Sundays 11AM – 3PM

Hot Breakfast

Saturdays and Sundays 8AM – 10AM

CLUB EVENTS

JULY

Sun 07-02 4th of July BBQ
Sun 07-16 Lobster Bake #1

AUGUST

Sun 08-06 Lobster Bake #2

SEPTEMBER

Sun 09-03 Labor Day BBQ

OCTOBER

Sun 10-08 Columbus Day BBQ
Sat 10-28 Halloween Party

NOVEMBER

Thurs 11-23 Thanksgiving Dinner
Sun 11-26 Members Brunch

POOL SCHEDULE

HOURS 10AM-6PM

*Adult Swim 10-11am daily

Dates	Open Days
6/14 – 9/04	Daily (Mon-Sun)
9/05 – 10/09	Thurs, Fri, Sat, Sun, Mon
10/10	Pool closed for the season

YOGA

Fridays at the dock house 9:00 AM

Teacher Schedule This Month

July 7 – Jenni Falcone
July 14 – Cathy McGuire
July 21 – Jenni Falcone
July 28 – Jenni Falcone
No Sign Up Necessary

PILATES

Thursdays on the lawn 9:15 AM
Ashley Patten Pilates Weekly
www.ashleypatternpilates.com/live-classes

4th OF JULY BBQ

SUNDAY, JULY 2nd • 12PM-3PM

No Regular Lunch Menu | Kitchen Closed 3-5:30pm Dinner served 5:30-9PM

MUSIC FEATURING KLYPH BLACK

Klyph has been both a witness and a participant of the last 50 years of live music scene on the east end. He has played all over the world with some of the most renown musicians. Klyph is sure to impress!

HOW TO REQUEST A TABLE

Complete the table request form by visiting www.montauklakeclub.com/4thofjulybbq/. Once your completed form is received, we will follow up to confirm your reservation.

LOBSTER BAKE

SUNDAY, JULY 16th • 5:30PM-9PM

Kitchen Closed 3-5:30pm • No Regular Dinner Service

MUSIC FEATURING REEB

REEB is a high energy 9-piece brass driven band that brings you an exciting and dynamic take on many of your favorite tunes. REEB's sound has something for everyone!

HOW TO REQUEST A TABLE

A link will be shared with members via email on Monday, July 10th



JULY NEWSLETTER



MONTAUK LAKE CLUB
P.O Box 760
211 East Lake Drive
Montauk, New York 11954

