CLUB NEWSLETTER

JULY

JULY 2026 • VOLUME XV • ISSUE 03

Dear Members:
July is finally here!! Summer is in full swing – YAY!

At the Club

The restaurant and pool are open 7 days a week, the guest rooms are available daily, the fitness center is open 24/7, spa appointments are readily available, and we welcome members for any occasion.

Room Bookings + Cancellation Reminders

This is a gentle reminder that if you have room bookings for this summer, those reservations cannot be cancelled or adjusted within 14 days of the arrival date. Please review what you have booked to be sure your commitment with us is what it should be. If you can't find your confirmation email, simply call us at 631.668.5705 ext. 101 or email us at frontdesk@montauklakeclub.com

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CLUB EVENTS



4TH OF JULY BBQ

Sunday, July 5th • 12–3PM

LIVE MUSIC BY TODD & CAITLIN

WATER SLIDE • DUNK TANK • JUMP CASTLE

SIGN UP: www.montauklakeclub.com/restaurant



LOBSTER BAKE



Sunday, July 19th • 5:30–9:30PM

LIVE MUSIC BY REEB

SIGN UP: www.montauklakeclub.com/restaurant

MARINA

It's summer at least. The marina is almost full. Please keep my staff or myself informed when your boat will be away from your slip for a weekend or extended trip.

ELECTRIC | Please leave charging spots open for electric vehicles. And to our electric vehicles, there are additional charging spots available in the southern gravel lot.

GENERAL PARKING | If you plan to go fishing for a long period of time, or if you have more than one vehicle, we ask that you park your extra and/or crew cars/trucks in our side lots. Big trucks, please also park in our side lots. Please keep loading/unloading time down by the dock office to 15 minutes. Lastly, please return push carts so they are available for others. Thank You.

Our **"SEASON LONG" FISHING TOURNAMENT** is in full swing! Weigh your catches between 7AM-5PM daily. We've already got a few on the boards.

JOHN MURRAY, DOCKMASTER
631.926.1766
dockmaster@montauklakeclub.com

FISHING TOURNAMENT LEADERS *(As of July 29)*

Youth Division – 15 years and under

	SPECIES	WEIGHT	DATE	ANGLER	BOAT
Inshore	Striped Bass	9.5 lbs.	6-07	Will Hess	Penguin
	Fluke	3.0 lbs.	6-28	Ryan Platt	Bottom Line
	Bluefish	12.0 lbs.	6-29	Jules Larocca	Scout
	Sea Bass	2.0 lbs.	6-24	Ronan Keogh	Reillentles
	Porgy	2.5 lbs.	6-24	Reilly Johnson	Reillentles
	Ling Cod	1.0 lbs.	6-24	Ronan Keogh	Horspower
—	Mahi-Mahi	20.5 lbs.	6-27	Thomas Kalimnios	Canyon Bound
Offshore	Yellowfin Tuna	51.0 lbs.	6-27	Will Hess	Penguin
	Swordfish	56.5 lbs.	6-26	Thomas Kalimnios	Canyon Bound

Adult Division

	SPECIES	WEIGHT	DATE	ANGLER	BOAT
Inshore	Striped Bass	13.5 lbs.	6-08	Joe DiBenedetto	Echo
	Sea Bass	2.5 lbs.	6-13	Ryan Platt	Clams
	Porgy	2.0 lbs.	6-16	Joe DiBenedetto	Echo
—	Big Eye Tuna	171.5 lbs.	6-28		Thorfin
Offshore	Blue Fin Tina	145.0 lbs.	6-17	Jared	Canyon Bound
	Yellow Fin Tuna	92.0 lbs.	6-17	Jared	Canyon Bound



THE SPA

In July, the sunsets paint the sky with hues of gold,
reminding us of the beauty in letting go. – Author Unknown

Welcome Summer at Spa@MLC

July settles over Montauk with long golden evenings and that gentle reminder to let go, unwind, and make space for what restores you. This month also brings a special moment of reflection and pride as we celebrate the **250th birthday of the United States** – a season of gratitude, community, and honoring the beauty of where we live and who we gather with.

As summer celebrations continue – weddings, anniversaries, reunions, and long holiday weekends – it's the perfect time to look and feel your best, or to give someone a thoughtful moment of care.

Our licensed, experienced therapists are here to support your mid-summer wellness with treatments that brighten, smooth, soothe, and restore. And we're excited to share that our **new Spa@MLC service menu goes into effect after July 4th**, featuring refreshed facial options, expanded massage offerings, and new topical enhancements designed to elevate every experience.

Every service remains **fully personalized and customized** to your wants, needs, and concerns – always.

Let us brighten and smooth your skin. Let us soothe those muscles. Make an appointment for our new Summer Radiance Facial! Add a topical Magnesium oil to enhance your massage experience.

Make your appointments today:
Email: spa@montauklakeclub.com
Text Maura: (772) 925-9058
Leave a message: (631) 668-5705 ext. 109

Your support is appreciated and essential – and truly, we look forward to treating you.

FITNESS

Real Pilates **PILATES**

Danielle will teach Pilates at the Lake Club …
WEDNESDAYS IN JULY AT 9AM. The class will be located on the South lawn. Please bring your own mat. In the event of rain, the class will be held on the 1st floor of the dock house.

SIGN UP: WWW.REALPILATESMTK.COM

RESTAURANT

Daily Specials, Events, and More…



WEDNESDAYS

MOVIE NIGHTS START WED, JULY 22nd!

Come by with your family to relax and enjoy an outdoor movie! The showing beings at sunset.

Movie suggestions are welcome by emailing restaurant@montauklakeclub.com



THURSDAYS

KARAOKE WITH CARLTON STARTS JULY 2nd !

Every Thursday, come for dinner and then stroll into the bar around 8PM to show off your singing skills with your favorite bartender, Carlton! Friends welcome!



FRIDAYS

HAPPY HOUR

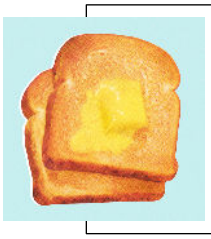
Every Friday from 5:30-7pm

LIVE MUSIC

Drink + Bar Snack Specials!

MUSIC LINEUP

7/3 - Josh Brussell
7/10 - Gissel Garcia
7/17 - Tim Fee
7/24 - Jack Marshall
7/31 - Kevin the Kind



SATURDAYS + SUNDAYS

HOT BREAKFAST

Come by the bar patio on the weekends to enjoy a hot breakfast from 8AM-10AM. No Reservations Necessary.



SUNDAY BRUNCH

Every Sunday from 11AM-3PM

We offer brunch every Sunday through August 24th. To view the full menu, visit: www.montauklakeclub.com/restaurant

**On July 7th, brunch/lunch will not be available due to the Fourth of July Weekend BBQ.*

RESTAURANT RESERVATIONS

We appreciate reservations. General reservations are accepted by phone at 631.668.5705 ext. 112. Large party requests (12+) are accepted via email to restaurant@montauklakeclub.com. For cancellations, we appreciate 24–48-hour notice. Members are responsible for their guests. For Club hosted events, such as BBQs and Lobster Bakes, reservations are accepted via a shared link sent directly to members by text or email, a week prior to the event.

SCHEDULES

RESTAURANT SCHEDULE

Dates	Open Days	Hours
6/17 – 9/14	Wed - Mon	11AM – 10PM
	Tues (no dinner)	11AM – 3PM
9/15 – 10/12	Thurs – Mon	11AM – 9PM
10/13 – 11/28	Fri, Sat, Sun	11AM – 9PM

**Restaurant Closed Daily from 5-5:30PM*

CLUB EVENTS

JULY

Sun 07-05	4th of July BBQ
Sun 07-19	Lobster Bake #1

AUGUST

Sun 08-09	Lobster Bake #2

SEPTEMBER

Sun 09-06	Labor Day BBQ

OCTOBER

Sun 10-11	Columbus Day BBQ

NOVEMBER

Thurs 11-26	Thanksgiving Dinner
Sun 11-29	Members Brunch

POOL SCHEDULE

HOURS 10AM-6PM

*Adult Swim 10-11am daily

Dates	Open Days
6/17 – 9/14	Daily (Mon-Sun)
9/15 – 10/12	Thurs, Fri, Sat, Sun, Mon
10/13	Pool closed for the season

FITNESS SCHEDULE

PILATES – 9AM	YOGA – 10AM
Wed 7/1	July TBD
Wed 7/8	August TBD
Wed 7/15	
Wed 7/22	
Wed 7/29	
August TBD	

POOL REMINDERS

1- All members and guests must sign in daily upon arriving to the pool area.
2- There is a pool guest fee: $20/guest/day – to be charged to the member account.
3- All guests must be accompanied by a member to enter pool area.
4- Babysitters/Nannies are not considered guests when they are carrying for the children.
5- Children under 12 must be accompanied by a parent/guardian.
6- Children who are not potty trained are required to wear swim diapers.

JULY 2026

MONTH AT A GLANCE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			01 **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **PILATES 9AM**	**02** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **KARAOKE WITH CARLTON – 8PM**	**03** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **HAPPY HOUR** 5:30-7PM | Live Music	**04** INDEPENDENCE DAY! **Restaurant Open** Hot Breakfast 8-10AM Lunch 11AM-5PM Dinner 5:30-10PM
05 **Restaurant Open** Hot Breakfast 8-10AM No Regular Lunch/Brunch **4TH OF JULY BBQ** **12-3PM |** **LIVE MUSIC** Closed 3-5:30PM Dinner 5:30-9PM	**06** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM	**07** **Restaurant Open** Lunch Only 11AM-3PM *Closed for Dinner*	**08** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **PILATES 9AM**	**09** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **KARAOKE WITH CARLTON – 8PM**	**10** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **HAPPY HOUR** 5:30-7PM | Live Music	**11** **Restaurant Open** Hot Breakfast 8-10AM Lunch 11AM-5PM Dinner 5:30-10PM
12 **Restaurant Open** Hot Breakfast 8-10AM Brunch 11AM-3PM Lunch 11AM- 5PM Dinner 5:30-10PM	**13** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM	**14** **Restaurant Open** Lunch Only 11AM-3PM *Closed for Dinner*	**15** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **PILATES 9AM**	**16** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **KARAOKE WITH CARLTON – 8PM**	**17** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **HAPPY HOUR** 5:30-7PM | Live Music	**18** **Restaurant Open** Hot Breakfast 8-10AM Lunch 11AM-5PM Dinner 5:30-10PM
19 **Restaurant Open** Hot Breakfast 8-10AM Lunch/Brunch 11AM-3PM Kitchen Closed 3-5:30PM **LOBSTER BAKE** **5:30-9:30PM** **LIVE MUSIC**	**20** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM	**21** **Restaurant Open** Lunch Only 11AM-3PM *Closed for Dinner*	**22** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **MOVIE NIGHT** Begins at sunset **PILATES 9AM**	**23** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **KARAOKE WITH CARLTON – 8PM**	**24** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **HAPPY HOUR** 5:30-7PM | Live Music	**25** **Restaurant Open** Hot Breakfast 8-10AM Lunch 11AM-5PM Dinner 5:30-10PM
26 **Restaurant Open** Hot Breakfast 8-10AM Brunch 11AM-3PM Lunch 11AM- 5PM Dinner 5:30-10PM	**27** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM	**28** **Restaurant Open** Lunch Only 11AM-3PM *Closed for Dinner*	**29** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **MOVIE NIGHT** Begins at sunset **PILATES 9AM**	**30** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **KARAOKE WITH CARLTON – 8PM**	**31** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **HAPPY HOUR** 5:30-7PM | Live Music	