CLUB NEWSLETTER

JUNE

JUNE 2026 • VOLUME XV • ISSUE 02

Dear Members:
We cannot believe that June is here, already! The days are super long and the buzz is in the air for summer to begin! BTW- Summer officially begins on Sunday, June 21. ☺ At the Lake Club and around Montauk, the season is building, so be on the lookout for "what's up"!

At the Club

Now through Tuesday, June 16th, the restaurant and pool are open Thursday – Monday (Closed Tues & Wed). Starting Wednesday, June 17th, we are open at the restaurant and pool, 7 days a week. Beginning June 17th, the pool is open daily from 10AM-6PM and the restaurant is open for service Wednesday-Monday with lunch running from 11AM-5PM and dinner service 5:30-10PM. On Tuesdays, we offer ONLY lunch from 11AM-3PM all season long. Father's Day Dinner will be held on Sunday, June 21st – be sure to call to make a reservation! Lastly for the restaurant, please note that due to large events being hosted in the dining room and on the lawn on Saturday, June 6th and Saturday, June 13th, dinner will only be served at the dock house on those nights.
Finally, our guestrooms are booking up very quickly for the summer months. If you may need to book a room for you or your guests, please reach out to our front desk ASAP. They can be reached at 631.668.5705 ext. 101, by email at frontdesk@montauklakeclub.com, or via text 631.668.5705.

Fitness Center

Open 24 hours a day, 7 days a week, 365 days a year. It is required that you sign in upon arrival; thank you for your cooperation. Please see Page 2 for our Pilates and Yoga schedule…

Water Sports

At the beach near the marina, we offer complimentary use of kayaks, paddleboards, and peddle boats. They are available from 9AM-5PM. Please wear a lifejacket – enjoy!

The month of July is on the horizon and we cannot wait for all of you to be with us again this summer. Breezy dinners, Montauk sunsets, sandy cars, and new memories are yet to come…… Cheers to 2026 summer!

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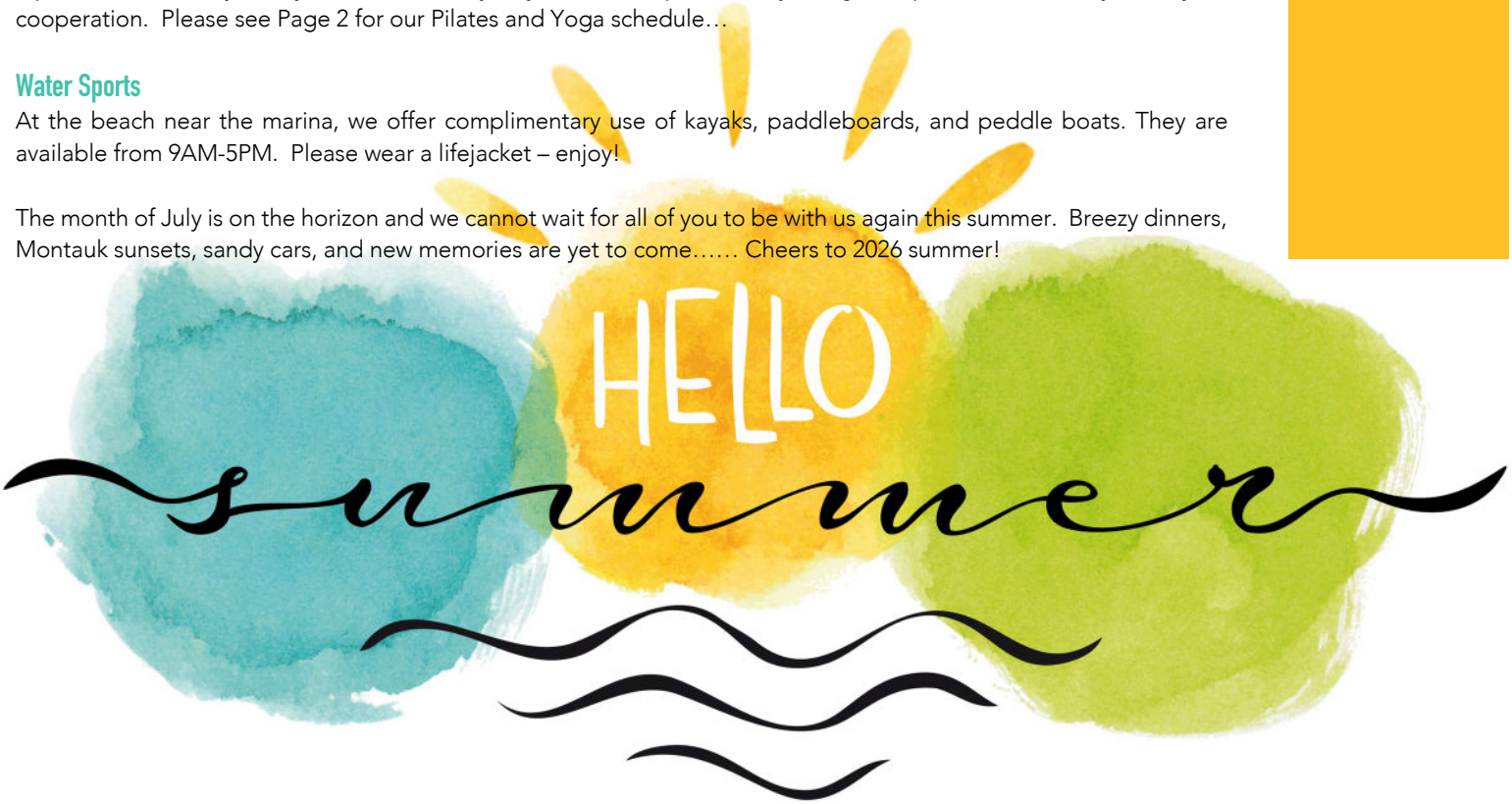

MARINA

Welcome to all our new **SEASONAL MARINA MEMBERS** and welcome back to all our prior. Once again, the marina is almost full. Please keep my staff or myself informed when your boat will be away from your slip for a weekend or extended trip. Thank You

Our **"SEASON LONG" FISHING TOURNAMENT** is in full swing! Weigh your catches between 7AM-5PM daily. We've already got a few on the boards!

DOCKMASTER, JOHN MURRAY
631.926.1766
dockmaster@montauklakeclub.com

THE SPA

In early June, the world of leaf and blade and flowers explode, and every sunset is different. - *John Steinbeck*

Welcome Summer at Spa@MLC

June arrives in Montauk with its own kind of beautiful explosion — long light, warm breezes, and celebrations everywhere. Weddings, anniversaries, graduations, Father's Day… it's a month filled with moments you'll want to look and feel your best for, or to give a gift that truly says you care.

Whether you're preparing for important photos, meaningful events, or simply treating yourself, our talented team of licensed, experienced therapists is here to support your summer wellness.

This season we're excited to introduce new facial options, new massage therapists, and new topical enhancements to elevate your experience. From brightening and lifting treatments to calming, restorative therapies, we continue to expand our offerings so you can choose exactly what your skin and body need.

All services are personalized and customized to your wants, needs, and concerns — always.

Let us brighten and smooth your skin. Let us soothe those muscles.

We are open for the season.
Massage appointments are available throughout June, with expanded availability as the month continues.

Make your appointments today:
Email: spa@montauklakeclub.com
Text Maura: (772) 925-9058
Leave a message: (631) 668-5705 ext. 109

As we continue integrating Wellness into your MLC lifestyle, we would love to hear from you. Email Maura at spa@montauklakeclub.com with your suggestions, requests, or comments.

Your support is appreciated and essential — and truly, we look forward to treating you.

Open Monday, Wednesday, Thursday, Friday & Saturday

FITNESS

PILATES

We're excited to host Real Pilates once again, this summer!

Meet the Teacher
DANIELLE RYNIKER

After two decades in the fast-paced world of digital advertising, Danielle took a leap of faith to follow a long-growing passion: classical Pilates. A dedicated practitioner since 2016, she credits the method not only with transforming her body but also with sharpening her mind and strengthening her sense of purpose. In 2024, she left her corporate role to pursue certification through the Teal Pilates Teacher Training Program, inspired by the belief that Pilates is a lifelong practice that supports vitality, longevity, and joy at every age. Danielle is excited to help others discover what's possible when you commit to moving well – and living better.

Danielle will teach Pilates at the Lake Club **FRIDAYS IN JUNE** at **9AM**. The class will be located on the South lawn. Please bring your own mat. In the event of rain, the class will be held on the 1st floor of the dock house.

Sign Up Here : www.montauklakeclub.com/pilates

YOGA

Another group not a stranger to the Montauk Lake Club… **KAT RUIZ WELLNESS**. This summer, Kat will be teaching yoga at the Lake Club on some **SUNDAYS** at **10AM.**

JUNE CLASS DATES:
- **SUNDAY, JUNE 14**
- **SUNDAY, JUNE 28**

Kat is a hospitality wellness expert, retreat leader, and business mentor who has spent over 15 years curating transformational wellness experiences across New York City, the Hamptons, and internationally. She specializes in designing elevated movement, mindfulness, and lifestyle programming for luxury hotels, resorts, and corporate environments, helping brands create meaningful, experience-driven wellness offerings.

Kat has partnered with leading hospitality and wellness brands including Gurney's Resorts, Equinox, Pure Yoga, and The Surf Lodge, and regularly works with C-suite executives, athletes, and high-profile clients seeking intentional, high-touch wellness experiences.

Kat will be hosting more Sundays in July & August so be on the lookout for those dates!

Sign Up Here SOON : www.motauklakeclub.com/yoga

RESTAURANT

Food, Celebration, Reservations, and More…

June Brings Summer, Sun, and Happy Hour !!



HAPPY HOUR

Starting June 19th __

Every Friday evening from 5:30-7pm -- Drop by for live music, try something from our new **Happy Hour Menu** and enjoy cool pricing at the bar or in the chat lounge!

MUSIC LINEUP

6/19 - Jack Marshall
6/26 - Kevin the Kind
7/3 - Josh Brussell



SUNDAY BRUNCH

Every Sunday from 11AM-3PM
Come by the enjoy eggs any style, classic eggs benedict, or smoked Scottish salmon. We are offering brunch every Sunday through August 30th. To view the full menu, visit: www.montauklakeclub.com/restaurant

**On July 5th, brunch/lunch will not be available due to the Fourth of July Weekend BBQ.*



FATHER'S DAY DINNER

Father's Day is on Sunday, June 21st

To celebrate, Chef Tato will be offering special dinner options on Sunday, June 21st. Dinner will be served from 5:30-10PM. Be sure to make your dining reservation by calling 631.668.5705 ext. 112.

RESTAURANT RESERVATIONS

We appreciate reservations. General reservations are accepted by phone at 631.668.5705 ext. 112. Large party requests (12+) are accepted via email to restaurant@montauklakeclub.com. For cancellations, we appreciate 24–48-hour notice. Members are responsible for their guests. For Club hosted events, such as BBQs and Lobster Bakes, reservations are accepted via a shared link sent directly to members by text or email, a week prior to the event.

SCHEDULES

RESTAURANT SCHEDULE

Dates	Open Days	Hours
5/21 – 6/16	Thurs – Mon	11AM – 9PM
6/17 – 9/14	Wed - Mon	11AM – 10PM
	Tues (no dinner)	11AM – 3PM
9/15 – 10/12	Thurs – Mon	11AM – 9PM
10/13 – 11/28	Fri, Sat, Sun	11AM – 9PM

**Restaurant Closed Daily from 5-5:30PM*

Sunday Brunch
Begins 05/31 Sundays 11AM – 3PM

Hot Breakfast
Begins 6/20 Sat & Sun 8AM – 10AM

CLUB EVENTS

JUNE
Sun 06-21 Father's Day Dinner

JULY
Sun 07-05 4th of July BBQ
Sun 07-19 Lobster Bake #1

AUGUST
Sun 08-09 Lobster Bake #2

SEPTEMBER
Sun 09-06 Labor Day BBQ

OCTOBER
Sun 10-11 Columbus Day BBQ

NOVEMBER
Thurs 11-26 Thanksgiving Dinner
Sun 11-29 Members Brunch

POOL SCHEDULE

HOURS 10AM-6PM
*Adult Swim 10-11am daily

Dates	Open Days
5/21 – 6/16	Thurs, Fri, Sat, Sun, Mon
6/17 – 9/14	Daily (Mon-Sun)
9/15 – 10/12	Thurs, Fri, Sat, Sun, Mon
10/13	Pool closed for the season

FITNESS SCHEDULE

PILATES – 9AM	YOGA – 10AM
Fri 6/5	Sun 6/14
Fri 6/12	Sun 6/28
Fri 6/19	July TBD
Fri 6/26	August TBD
Wed 7/1	
Wed 7/8	
Wed 7/15	
Wed 7/22	
Wed 7/29	
August TBD	

JUNE 2026

MONTH AT A GLANCE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	01 **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-9PM Pool Open | 10AM-6PM	**02** Pool & Restaurant CLOSED	**03** Pool & Restaurant CLOSED	**04** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-9PM Pool Open | 10AM-6PM	**05** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-9PM Pool Open | 10AM-6PM **PILATES 9AM**	**06** **Restaurant Open** Lunch 11AM-5PM Kitchen Closed 3-5:30PM Dinner at the Dock House 5:30-9PM Pool Open | 10AM-TBD
07 **Restaurant Open** Brunch 11AM-3PM Lunch 11AM-5PM Dinner 5:30-9PM Pool Open | 10AM-6PM	**08** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-9PM Pool Open | 10AM-6PM	**09** Pool & Restaurant CLOSED	**10** Pool & Restaurant CLOSED	**11** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-9PM Pool Open | 10AM-6PM	**12** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-9PM Pool Open | 10AM-6PM **PILATES 9AM**	**13** **Restaurant Open** Lunch 11AM-3PM Kitchen Closed 3-5:30PM Dinner at the Dock House 5:30-9PM Pool Open | 10AM-TBD
14 **Restaurant Open** Brunch 11AM-3PM Lunch 11AM-5PM Dinner 5:30-9PM Pool Open | 10AM-6PM **YOGA 10AM**	**15** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-9PM Pool Open | 10AM-6PM	**16** Pool & Restaurant CLOSED	**17** **Pool + Restaurant** **OPEN DAILY** **Thru September 8** **RESTAURANT** **11AM-10PM** No Dinner Service Tuesdays **POOL HOURS** **10AM-6PM**	**18** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM Pool Open | 10AM-6PM	**19** **JUNETEENTH** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **HAPPY HOUR – LIVE MUSIC!** **5:30-7PM | Every Friday** Pool Open | 10AM-6PM **PILATES 9AM**	**20** **Restaurant Open** **HOT BREAKFAST BEGINS** **8AM-10AM** Lunch 11AM-5PM Dinner 5:30-10PM Pool Open | 10AM-6PM
21 SUMMER BEGINS **FATHER'S DAY DINNER 5:30-10PM** Hot Breakfast 8-10AM Brunch 11AM-3PM Lunch 11AM- 5PM Dinner 5:30-10PM Pool Open | 10AM-6PM	**22** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM Pool Open | 10AM-6PM	**23** **Restaurant Open** Lunch Only 11AM-3PM *Closed for Dinner* Pool Open | 10AM-6PM	**24** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM Pool Open | 10AM-6PM	**25** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM Pool Open | 10AM-6PM	**26** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM **HAPPY HOUR** 5:30-7PM | Live Music Pool Open | 10AM-6PM **PILATES 9AM**	**27** **Restaurant Open** Hot Breakfast 8-10AM Lunch 11AM-5PM Dinner 5:30-10PM Pool Open | 10AM-6PM
28 **Restaurant Open** Hot Breakfast 8-10AM Brunch 11AM-3PM Lunch 11AM- 5PM Dinner 5:30-10PM Pool Open | 10AM-6PM **YOGA 10AM**	**29** **Restaurant Open** Lunch 11AM-5PM Dinner 5:30-10PM Pool Open | 10AM-6PM	**30** **Restaurant Open** Lunch Only 11AM-3PM *Closed for Dinner* Pool Open | 10AM-6PM				MONTAUK LAKE CLUB