



# CLUB NEWSLETTER

MAY 2023 • VOLUME XII • ISSUE 01

Dear Members:

We are very excited to start Season 2023 at the Lake Club! The Club officially opens on Friday, May 12<sup>th</sup>. Spring mailings were recently shipped to your billing address. In those mailings, we shared our seasonal calendar and other pieces of information to help you navigate this season. If you did not receive this, please email us at [frontdesk@montauklakeclub.com](mailto:frontdesk@montauklakeclub.com). Additionally, please email us if you are not receiving our emails – we'd hate for you to miss out on all the new and exciting things happening this season!

**MARINA** – We are anxious to see a full marina again! Please let John know when you plan to bring your boat in, so that he can help you tie up and get acquainted. His contact information as well as the upgrades made to the marina are on Page 2.

**RESTAURANT** - On Friday, May 12<sup>th</sup> and Saturday May 13<sup>th</sup>, the restaurant is open from 11AM-9PM. Please refer to Page 3 for our new a la carte dining reservation request guidelines. Then, on Sunday, May 14<sup>th</sup>, we host our annual **MOTHER'S DAY BRUNCH** from 11AM-5PM, with music featuring the Vanessa Trouble Jazz Trio. To request a table for Mother's Day, a link will be shared via email on May 8<sup>th</sup>. Upon receiving this link, please complete the form. The restaurant will then confirm with you via phone/email.

The **SPA** welcomes appointments starting Saturday, May 13<sup>th</sup> | For services and specials, please refer to page 2.

The **GUEST ROOMS** are open daily starting Friday, May 12<sup>th</sup>. Please contact us ASAP to inquire about our availability. All of our guest room bathrooms experienced a complete redesign and new construction. The bathtubs were converted to rain showers with modern tile, along with new contemporary vanities and fixtures. The front desk can be reached at 631.668.5705 ext. 101 or [frontdesk@montauklakeclub.com](mailto:frontdesk@montauklakeclub.com). To view our rooms and rates, please visit our website at: [www.montauklakeclub.com/rooms](http://www.montauklakeclub.com/rooms).

The **POOL** is scheduled to open on Friday, May 19<sup>th</sup> from 10AM-6PM. It will be open Friday, Saturday, and Sunday. Starting May 25<sup>th</sup>, it is open Thursday – Monday. We offer adult swim daily (when the pool is open) from 10-11AM. Upon entering the pool area, please sign in with the lifeguard.

**Fitness** – Pilates with Ashley Patten and Yoga with Kat Ruiz are returning this year too! Check out page 2 for schedule details and start dates.

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# MARINA



Happy spring and welcome back.

Over the winter we completed our **fuel system upgrade**. We added a new dispenser to fuel boats at the end of our outside dock, and re-piped the complete system. The Lake Club is back in the fueling business. Fueling hours will be 7AM until 5PM. If you require fuel before or after hours, please reach out to me. Thank You.

We did a **power upgrade** to our electrical system. Please let me know when your boat is arriving at the marina so we can assist you in getting tied up for the season.

Our **annual "season-long" fishing tournament** begins on Friday, May 26<sup>th</sup> – weigh your catches between 7AM-5PM daily. Good luck to all!

Don't forget – we still have **MLC Burgees** available for purchase. Let me know if you're interested.

## Burgee Sizes Available:

12" x 18" • \$44

16" x 24" • \$56

Finally, to all the mothers out there, "Happy Mother's Day".

## Dockmaster John

631.926.1766

dockmaster@montauklakeclub.com

# FITNESS



Our **fitness center** is open 24/7. It is required that you sign in upon arrival; thank you for your cooperation. Please put the weights back on the rack and clean the machines when finished. If you open the windows, please be sure to close them before you leave. Thank you!

## Yoga

Starting June 2<sup>nd</sup>, Kat Ruiz will be reaching yoga every Friday at 9AM. The class will be held on the 2<sup>nd</sup> floor of the dock house. Stay tuned for sign up details. Feel free to reach out to Kat with any questions you may have at [katruizwellness@gmail.com](mailto:katruizwellness@gmail.com).

**More Information:** [www.katruizwellness.com](http://www.katruizwellness.com)

## Pilates

Starting June 22<sup>nd</sup>, Ashley Patten will be reaching Pilates every Thursday at 9:15AM. The class will be held on the south lawn, near the rack of paddle boards and kayaks. Stay tuned for sign up details. Feel free to reach out to Ashley with any questions you may have at [ashley@ashleypattenpilates.com](mailto:ashley@ashleypattenpilates.com).

**More Information:** [www.ashleypattenpilates.com](http://www.ashleypattenpilates.com)



# SPA



*"May has such a winsome way, Loves to love and laugh and play, To be pretty all the day  
Never loves to sulk and frown, As April does; when rain comes down,  
May is sorry says: Rain, please Go away soon, flowers and trees  
Love the merry shining sun, Want to laugh now, every one,  
For the happy times begun."*

by Annette Wynne

MAY 2023! Welcome back everyone; let the happy times begin!

We will start our season on Saturday, May 13<sup>th</sup> ... in time to treat "Mom" for Mother's Day. Are you looking for gifts to say how much she means to you? Would you like to give her diamonds, silk, gold, champagne, and roses - or just some time to relax? At the Lake Club Spa, you can give her all of these things, alongside the time to relax! Gift her with our **Diamonds with Silk, Gold, or Champagne Masque Facials**. You could also surprise her with a **CBD** or **Rose Absolute Massage**. Book an appointment or buy a gift certificate today. Appointments are being accepted now!

As we head into a new season, we will be updating our menu starting Memorial Day Weekend. Our services and amazing therapists will keep you looking and feeling your best, head to feet, with new treatments to tempt you to "treat" yourself and your guests. As we continue with our goal to bring wellness into your Club lifestyle, we would love to hear from you. Please email Maura at [spa@montauklakeclub.com](mailto:spa@montauklakeclub.com) with your suggestions, requests, or comments. Your support is appreciated and essential. We look forward to treating you! We expect a very busy season, so please book appointments early and often.

**To inquire about our services, appointment times, or to purchase a spa gift certificate:**

**Email** | [spa@montauklakeclub.com](mailto:spa@montauklakeclub.com)

**Leave a Message** | 631.6685705 ext. 109

**Text Maura** | 772.925.9058



# RESTAURANT



## Food, Wine, Reservations, and More...

Dave and Julie here to say "hello" to MLC members! We genuinely look forward to greeting each of you in the coming days, ahead. Our goal is to create a relaxing and delicious experience for you. May is an important month to set things in motion and we recognize there is still much to be done. We appreciate your patience as we become acclimated. As the season unfolds, we will be introducing new ideas and positive changes for members to enjoy.

**DINNER | WINE LIST** – To kick off May, the DINNER menu should be quite recognizable to many who were fans of the Dave’s Grill Montauk Harbor location. Dinner will feature popular selections including such items as Dave’s famous Cioppino, Onion and Potato Crusted Flounder, Butter Poached Lobster Roll, Smoked Tuna Spread, Chopped Salad, and -- of course -- "The Chocolate Bag". Dave plans to offer daily specials that will change and rotate according to what is fresh and seasonal. Julie has already started to cultivate an eclectic wine list that promises to include a selection of varietals which pair well with each dish.

**LUNCH | CHAT LOUNGE** will have an expression of its own, with our new menu giving the nod to some familiar Dave’s items while introducing sandwiches, salads and other afternoon selections. This season, we are also introducing a new Chat Lounge menu which will be available to members from 3pm. This menu will feature casual fare designed to go with a fun Cocktail / Mocktail Menu we have put together for you, too. Amazing sunsets please!!

**AMBIENCE** - Atmosphere is very important to us and we have made tweaks to the layout of each dining area to allow for spacious, comfortable dining as well as for socializing in the MLC chat lounge. Providing delicious food and good service is our goal. As summer unfolds, Julie will also turn her focus to aesthetic details -- creative surprises to come.

**RESERVATIONS** - Starting this season, the reservations for general a la carte dining will be available by phone only. Reservations will be taken on a weekly cycle from Monday to Sunday with each calendar week beginning a new cycle, exclusively for the current calendar week.

Call 631.668.5705 ext. 112. Larger parties of 12+ will be available in advance by email request only. Email: [restaurant@montauklakeclub.com](mailto:restaurant@montauklakeclub.com). For events the Club is hosting, we will email a link for members to request a table, just as in the past. For May, this includes Mother’s Day and Memorial Day BBQ.

Membership has grown. We will try our best to accommodate all requests but appreciate your understanding as to limits in terms of large parties. On a final note, while members are welcome to bring guests, please remember this is your club. Reservations are a membership privilege.

Like every good recipe, time and patience...



# SCHEDULES

## RESTAURANT SCHEDULE

Dates	Open Days	Hours
5/12 – 5/25	Fri, Sat, Sun	11AM – 9PM
5/26 – 6/14	Thurs – Mon	11AM – 9PM
6/15 – 9/05	Wed - Mon	11AM – 10PM
	Tues (no dinner)	11AM – 3PM
9/06 – 10/10	Thurs – Mon	11AM – 9PM
10/11 – 11/26	Fri, Sat, Sun	11AM – 9PM

### Sunday Brunch

Begins 6/05	Sundays	11AM – 3PM
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### Hot Breakfast

Begins 6/24	Sat & Sun	8AM – 10AM
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## CLUB EVENTS

### MAY

Sun 05-08	Mother’s Day Brunch
Sun 05-29	Memorial Day BBQ

### JUNE

Sun 06-19	Father’s Day Dinner
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### JULY

Sun 07-04	4 <sup>th</sup> of July BBQ
Sun 07-17	Lobster Bake #1

### AUGUST

Sun 08-07	Lobster Bake #2
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### SEPTEMBER

Sun 09-04	Labor Day BBQ
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### OCTOBER

Sun 10-09	Columbus Day BBQ
Sat 10-29	Halloween Party

### NOVEMBER

Thurs 11-24	Thanksgiving Dinner
Sun 11-27	Members Brunch

## POOL SCHEDULE

### HOURS 10AM-6PM

\*Adult Swim 10-11am daily



Dates	Open Days
5/19 – 5/24	Fri, Sat, Sun
5/25 – 6/13	Thurs, Fri, Sat, Sun, Mon
6/14 – 9/04	Daily (Mon-Sun)
9/05 – 10/09	Thurs, Fri, Sat, Sun, Mon
10/10	Pool closed for the season

## YOGA

Begins 6/02	Fridays	9AM
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## PILATES

Begins 6/22	Thursdays	9:15AM
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## MOTHER'S DAY BRUNCH

SUNDAY, MAY 14<sup>th</sup> • 11AM-5PM  
MUSIC FEATURING THE VANESSA TROUBLE JAZZ TRIO

**WE ARE ACCEPTING RESERVATION REQUESTS STARTING MAY 8<sup>th</sup>**

A link to request a table for Mother's Day will be emailed to members on May 8<sup>th</sup>

This form will also be available on our website, starting May 8<sup>th</sup>.

[www.montauklakeclub.com/restaurant](http://www.montauklakeclub.com/restaurant)



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## MEMORIAL DAY BBQ

SUNDAY, MAY 28<sup>th</sup> • 12PM-3PM  
MUSIC FEATURING INNER ROOTS BAND

No Regular Lunch Menu | Kitchen Closed 3-5:30pm | Dinner served 5:30-9P  
Stay tuned for reservation request details...



MONTAUK LAKE CLUB  
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Montauk, New York 11954

