

M A S S A G E

Therapeutic Massage

60min \$150 75min \$180 90min \$210

Our therapists offer different specialties and techniques and incorporate these modalities into a personalized massage experience to address your wants and concerns.

Mind, Body & Spirit Massage

60min \$165 75min \$195 90min \$225

Therapeutic massage with targeted CBD balm applications
Soothe away stress, relieve muscle pain, calm your senses.

Sea Salt Massage Warm salt stone Massage **additional \$30**

Himalayan salt stones are warmed and used throughout the massage. Benefits include relaxing muscles, absorbing minerals and balancing the nervous system
Check availabilityMust be booked in advance

June Special! Gift Certificate with free gift

Buy a Gift Certificate for

Sea Salt Mens Facial- free travel kit

Champagne Facial – free “lace your face” masque

Only while supply lasts – limited supply limited time

About our therapists

All our therapists are contracted through the Spa for the Montauk Lake Club. We support local licensed therapists and also utilize on line options when these therapists are not available.

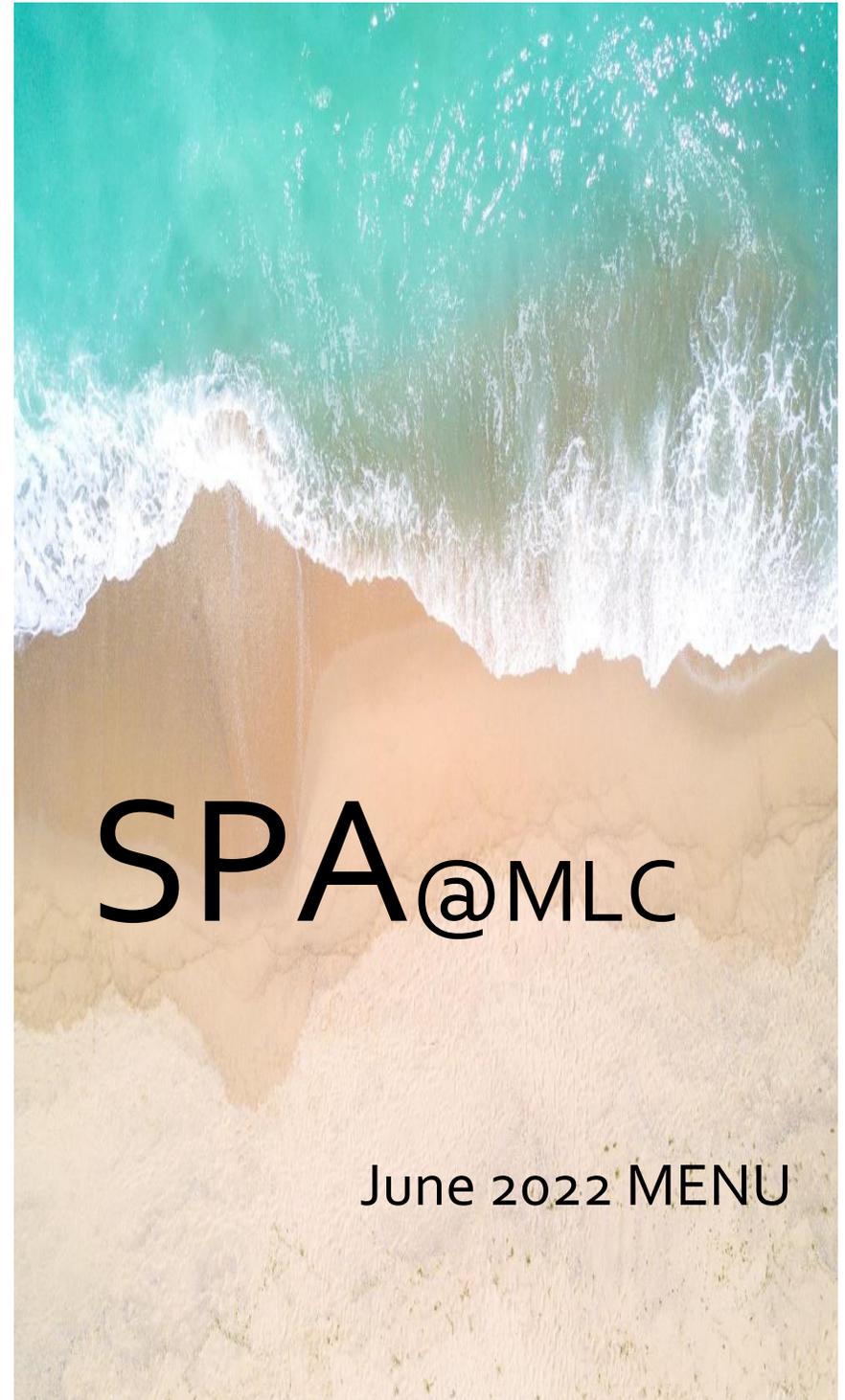
We are often able to accommodate walk-in or day of requests but suggest booking appointments in advance.

For more Information or to book an appointment

VM @ 6316685705 ext 109 or text Maura @7729259058

Email spa@montauklakeclub.com

We look Forward to Treating You!



Facials

Rezenereite **BEST.FACIAL.EVER** Rezenereite

NanoFacial uses cutting-edge Nanotechnology, the pressure points of Acupressure, principles of Yogic facial exercises, and the cool touch of Cold Therapy, delivering unparalleled 'Rez'ults! **75+ min \$150**

Probiotic Protect and Recover Facial – Probiotics in skincare-

produce antimicrobial peptides that combat harmful bacteria. A healthy skin flora boosts the skin's functionality in dealing with external wounding that can age or damage the skin. Suitable for all skin types! **75mins \$135**

Illuminating Facial with ultrasound, LED treatment, and Vit C infusion.

This facial restores and calms summer skin—suitable for all skin types -this facial will nourish, brighten, and smooth the complexion. **90mins \$165**

Diamonds and Silk Microdermabrasion with a collagen silk masque

A luxurious facial that will leave your skin silky smooth! **75mins \$135**

Mind, Body, and Spirit Facial - Cbd Organic Products Facial

Along with the natural calming benefits of CBD, this treatment incorporates The detoxing and soothing techniques of Gua shay, cool jade rollers, and encourages a meditative state. **60min \$125**

Sea Salt Facial – For Men

For a man's Scentabilities; a deep cleansing and balancing facial with sea minerals and essences of Begamot and Rosemary. A Charcoal masque and conditioning for the skin and beard. **60 min \$125**

Champagne Celebration - **75min \$125** Our June special!

Deep cleansing, deeply relaxing with an effervescent oxygenating masque that clears and refreshes. A Pre or Post party favorite! Be the toast of the Celebration!

*All facials are customized to your concerns, comfort, and needs.
All facials are personalized treatments with a consultation.*

Natural Selection Facials ~ all natural aromatic **60mins \$125**

Select to incorporate any express treatments includes extractions and ultrasonic pore cleansing

Express Facial Treatments 30m \$75

Diamonds and Gold! A diamond tip microdermabrasion treat-

ment followed with a soothing gold masque that calms, brightens, and hydrates. A great gift!

Green Beauty CBD treatment - A choice of techniques Gua Sha

Or cupping with Jade Rolling used with CBD facial treatment oil- these techniques stimulate or calm, but all increase blood flow, clear toxins, and promote healing.

Ultrasonic Quick Clearing Ultrasonic waves exfoliate and flush

impurities from the pores, then Microcurrent Energizes and Delivers elastin & collagen into the skin.

Cupping/Lymphatic Drainage Treatment The ancient prac-

tice of cupping uses suction cups sliding gently along on skin to promote circulation and lymphatic drainage. This treatment can help relieve sinus congestion and headaches, reduce puffiness by promoting draining of fluids, soften fine lines, and wrinkles while relaxing and stimulating muscles.

Brow & Lash Services :

Brow Styling – consultation with an expert brow shaping.

Service can include waxing, tweezing and tinting \$28 - \$45

Brow wax (clean up) \$18

Ask about - Lash lifts and brow lamination

